

1 KM NORDIC POLE PREDICTED WALK

(INDIVIDUAL EVENT) OPEN

The participant will predict the time he/she thinks it will take them to walk 1 KM with the assistance of a set of Nordic Poles. The person coming closest to their predicted time will be declared the winner.

ELIGIBILITY

Participants do not have to qualify through regional play-offs. Entry forms and fees may be sent directly to the AAIM Games office. Entry forms are available through the office or website.

EVENT CLASSIFICATION

- Open - men and women compete on an equal basis.

MINIMUM # OF ENTRIES RECOMMENDED: 10 Participants

RULES & REGULATIONS

1. Participants will be required to walk 1 KM once. The person predicting their time the closest will be declared the winner.
2. No watches, timers or headsets are allowed.
3. Participants who put their hands into their pockets will be automatically disqualified.
4. Participants will be asked to predict their time a half hour prior to the event.
5. Coaching or pacing from the sidelines will result in an automatic disqualification.
6. Race numbers MAY be assigned prior to the event, and if so, participants must wear the number on the front of their shirt/jacket.

OFFICIALS

There will be a head judge identified at the start of the tournament, and marshals will be located throughout the route. Timers will be provided by the Host Community.

TOURNAMENT DRAW

The person predicting his/her time the closest (either over or under) will be declared the winner.

MEDALS

Gold, silver, and bronze medals will be awarded for first, second, and third place respectively. Medals will be presented immediately following the event or at a central location at a predetermined time.