

SWIMMING

(INDIVIDUAL EVENT) OPEN

ELIGIBILITY

Participants do not have to qualify through regional play-offs. Entries must be sent directly to the AAIM Games office. Entry forms may be obtained from the office or website.

MINIMUM # OF ENTRIES RECOMMENDED: 10 Individuals

EVENT CLASSIFICATION

1. TIMED OPEN EVENTS – Open to all swimmers. Age categories for the timed open events will be 55-64, 65-74, 75-79 and 80+.

- 50m Freestyle
- 50m Backstroke
- 50m Breaststroke
- 100m Backstroke
- 100m Freestyle
- 100m Breaststroke

Aggregate scoring will not apply. Timers will track individual scores and individual swimmers will be awarded based on best times for each race. The number of competitors registered in each race will determine the number heats. If the number of competitors is low, two age groups may swim at the same time while keeping results separate.

2. DISTANCE EVENT - Open to all swimmers. Age categories for the distance event will be 55-64, 65-74, 75-79 and 80+.

- 400m Freestyle

3. PREDICTION SWIMS - Open to all swimmers 55 years and over.

- 200m - 55 years and over, men and women compete together

RULES & REGULATIONS

Official C.A.S.A. Swimming Rules shall apply except for the modifications listed below.

1. Swimmers are required to touch the end of pool during turns. Swimmers using butterfly or breaststroke must have both hands touch at the ends of the pool.
2. Starts are permitted from blocks, edge of pool, or standing in the water at end of pool (push off). Any swimmers with a hearing loss which need starting assistance should let the head judge know prior to the race.
3. False start rule: Any competitor who commits a false start during a third or subsequent start shall be disqualified, no matter if he or she has been blameless in all previous attempts to start that race.
4. Male and female swimmers may swim at the same time so that lanes are filled.

PREDICTION SWIMS

1. Swimmers will predict the time it will take them to swim 200 meters.
2. Swimmers shall not use watches or receive pacing information from the sidelines.
3. Swimmers will be allowed to use any stroke they wish and may change strokes throughout the race.
4. If two or more people are tied, a 200m "swim off" will be held for both events. The same predicted time will stand for the 200m predicted.

TIE BREAKING SYSTEM

For Open Events: In the case of a tie, the swimmer that has entered more events will be awarded the medal. If both swimmers have entered the same number of events then the winner will be decided on the races that the swimmers have competed in together. The one with more wins over the other in these races will be awarded the medal. If this still does not break the tie then both swimmers will be awarded the medal.

For Prediction Events: Please see rule #4 under prediction swims.

MEDALS

Gold, silver, and bronze medals will be awarded for first, second, and third place in all categories. Medals will be presented immediately following the event or at a central location at a predetermined time.