

TRACK

(INDIVIDUAL EVENT) OPEN

ELIGIBILITY

Participants do not have to qualify through regional playoffs. Entries may be sent directly to the AAIM Games office. Entry forms may be obtained from the office or website.

EVENT CLASSIFICATION

- Mens and Women's Competition: 100m, 200m, 400m, 800m, 1500m and 3000m
- Age Categories: 55 +, 60 +, 65 +, 70+, 80+, 85+

MINIMUM # OF ENTRIES RECOMMENDED: 10 Individuals

RULES AND REGULATIONS

Governing Rules: International Amateur Athletic Federation Rules

1. A medical examination two months prior to the games is strongly recommended.
2. Participants can only run a total of 4 out of the 6 events

AWARDS

First, second, and third place will be awarded in each category. Awards will be presented immediately following the event or at a central location at a predetermined time.